

AAAsports Championships & Presentation Ceremony **Saturday 22nd June & Sunday 23rd June 2019**

Venues:

The AAAsports Championships will be held on Saturday 22nd June 2019 at AAAsports Sunderland, Shakespeare Street, Sunderland, SR5 2JF – free parking is available in the surrounding streets and the Sunderland Council parking permit zone will not be in operation that day.

The AAAsports Presentation Ceremony will be held on Sunday 23rd June 2019 at the Rainton Meadows Arena, Mercentile Road, Houghton-Le-Spring, DH4 5PH. Free parking is available in the car park at the Arena.

Presentation Tickets:

All Presentation Ceremony tickets can be collected from AAAsports Sunderland on Saturday 22nd June, along with your Commemorative Programme. Any additional tickets will also be available to purchase on the day. Please remember to bring your tickets to the Presentation Ceremony, as these are essential for access to the arena.

What To Wear:

Members taking part in our Championships event can wear anything that they would normally wear to their weekly classes. We encourage Members to wear correct attire if they have it – training leotards can be purchased in advance from AAAsports Sunderland, from our website or at the Championships event itself. All Members taking part in our Intermediate, Development and Elite Events must wear full AAAsports competition attire.

Our Presentation Ceremony is a more formal affair – we recommend smart casual for the big moment on stage and the disco afterwards!

What's Happening At The Championships Event?

The AAAsports Championships provides AAAsports Members from across our locations the opportunity to demonstrate what they have achieved over the last year. The Championships will see Members from all disciplines taking part, with the emphasis on fun and participation! Our more proficient Members will be competing in our Showcase, where they will battle it out to be crowned one of our 'Elite Champions' in front of the whole crowd! We encourage all Members to show their support throughout the day from our viewing areas both in the main hall and on the mezzanine, but we remind Members that seating is limited at the event!

Food and refreshments will be available at the Championships, along with your chance to purchase your very own AAAsports clothing, leotards, shoes and more!

What's Happening At The Presentation Ceremony?

Doors will open for the AAAsports Presentation Ceremony at 2:30pm on Sunday 23rd June. There will be plenty to see and do, including videos, photo opportunities and a Marketplace! Food and drink will be available to purchase directly from Rainton Meadows Arena – please note that this is a family event and alcohol is not permitted, guests with alcohol may be asked to leave.

During the Ceremony all of our Members will join us on stage to receive their awards – the top 3 Members from each event will be presented with plaques, while all other Members will receive medals and certificates. We ask that you help us to celebrate the achievement and success of all of our Members throughout the evening, staying with us until the end of the event to join in our games and disco!

Approximate Timetable – 22nd June 2019

The AAAsports Championships is a complex and busy event, and therefore groups will be split across the day. Please pay particular attention to which group Members are competing in, especially Members who may be performing in more than one event.

Start lists can be found on the following pages and Members can leave the event once they have finished performing if they wish. Remember – the Gymnastics events include performances on both Floor and Vault across the day and Trampoline includes the performance of two routines each.

Events can run **up to 1 hour ahead of schedule**, except events starting at 9:00am which will begin on time. Upon arrival, please check in at Reception and collect your Commemorative Programme and Presentation Tickets before finding a seat in our spectator area. Please listen out for announcements at the event to ensure Members are ready to take part. Don't forget to check out our Showcase at 1:30pm with our more experienced Members competing to become a AAAsports Champion for 2019!

Time	Trampoline Area	Floor Area 1	Floor Area 2	Vault Area
09:00	Pre-School Display	Pre-School Display		DMT Prelim Warm-Up
09:15				DMT Prelim Compete
09:30			Elite Gym Warm-Up	DMT Final Warm-Up
09:45			Elite Gym Compete	
10:00			DMT Final Compete	
10:15		Cheer L1 Warm-Up		Elite Gymnastics
10:30		Cheer L1 Compete		
10:45	Trampoline Age 9&O	Cheer L2, L3, L4 Warm-Up		Disability Gymnastics Fundamental Age 7&U (#1 to 7) Recreation Age 9&U (#1 to 11)
11:00		Cheer L2, L3, L4 Compete		
11:15	Trampoline Disability	Recreation Age 9&U (#1 to 11)	Disability Gymnastics & Fundamental Age 7&U (#1 to 7)	Fundamental Age 7&U (#8 to 14) Fundamental Age 8&O (#1 to 3) Recreation Age 9&U (#12 to 16) Recreation Age 10&O (#1 to 5)
11:45				
12:00	Trampoline Age 8&U	Recreation Age 9&U (#11 to 15)	Fundamental Age 7&U (#8 to 14)	Fundamental Age 8&O (#4 to 13) Recreation Age 10&O (#6 to 15)
12:15		Recreation Age 10&O (#1 to 5)	Fundamental Age 8&O (#1 to 3)	
12:30	Elite Trampoline Warm-Up	Recreation Age 10&O (#6 to 15)	Fundamental Age 8&O (#4 to 13)	Advanced Recreation (#1 to 10)
12:45				
13:00	Elite Trampoline Compete		Advanced Recreation (#1 to 10)	
13:15				
13:30	MARCH ON	MARCH ON	MARCH ON	MARCH ON
13:45	SHOWCASE FINAL Trampoline	SHOWCASE FINAL Cheerleading	SHOWCASE FINAL Gymnastics	
14:00				
14:15				
14:30	Synchro Showcase	Boys Intermediate Gymnastics	Intermediate Gymnastics (#1 to 10)	Intermediate (#11 to 17) Development (#1 to 9)
14:45				
15:00				
15:15		Development Gymnastics	Intermediate Gymnastics (#11 to 17)	Boys Intermediate (#1 to 4) Intermediate (#1 to 10)
15:30				
15:45				
16:00				

**WITH THE EXCEPTION OF EVENTS STARTING AT 9:00AM, ALL EVENTS MAY RUN UP TO 1 HOUR IN ADVANCE
PLEASE MAKE SURE YOU ARE READY TO BEGIN YOUR ACTIVITY**



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Approximate Timetable – 23rd June 2019

The AAAsports Presentation Ceremony is a fun and exciting event which celebrates the last year in AAAsports. All Members who take part in the AAAsports Championships will receive their medal and certificate on stage, in addition to performances from our Cheerleaders, videos, special effects and much more!

Entry to the Presentation Ceremony is strictly by ticket only – every Member who takes part in the AAAsports Championships automatically receives their ticket included in their entry! Additional tickets can be purchased for £18 per person however availability is limited. Tickets can be purchased from the AAAsports website or at the Championships event, subject to availability.

Each ticket includes admission to Rainton Meadows Arena to enjoy during our Presentation Ceremony, then immediately after we invite our Members to join us for our disco which will include plenty of prizes to win! Food and drink are available to purchase before and after the Ceremony itself. Please note that this is a family event and alcohol is not permitted – guests with alcohol may be asked to leave.

An approximate timetable of events can be found below:

Time	Details
2:30pm	Doors Open & Food Available For Purchase
3:30pm	Food Service Ends & Ceremony Begins
5:30pm	Ceremony Ends (approx.) & Disco Begins
8:00pm	End of Event

ENTRY IS STRICTLY BY TICKET ONLY

Start Lists – Cheerleading

Cheerleading Level 1

#	Name	Arrive No Later Than	Scheduled Start Time – Floor
1	Lily Bravey	9:30am	10:15am
2	Poppy Collinson	9:30am	10:15am
3	Ruby Clark	9:30am	10:15am
4	Katherine Rogers	9:30am	10:15am
5	Heidi Taylor	9:30am	10:15am
6	Francesca Lulham	9:30am	10:15am
7	Joy Davison	9:30am	10:15am
8	Alexandra Miller	9:30am	10:15am
9	Holly Wallace	9:30am	10:15am
10	Alexandra Harold	9:30am	10:15am

Cheerleading Level 2

#	Name	Arrive No Later Than	Scheduled Start Time – Floor
1	Amber Clark	10:00am	10:45am
2	Charlotte Revell	10:00am	10:45am
3	Amiee Atkinson	10:00am	10:45am
4	Isabel Button	10:00am	10:45am
5	Grace Thompson	10:00am	10:45am
6	Ava Liddle	10:00am	10:45am
7	Holly Baxter	10:00am	10:45am

Cheerleading Level 3

#	Name	Arrive No Later Than	Scheduled Start Time – Floor	Scheduled Start Time – Final
1	Alice Ward	10:00am	10:45am	1:30pm
2	Grace Oliver	10:00am	10:45am	1:30pm
3	Rosie Clark	10:00am	10:45am	1:30pm

Cheerleading Level 4

#	Name	Arrive No Later Than	Scheduled Start Time – Floor	Scheduled Start Time – Final
1	Maggie Ward & Riley Manners	10:00am	10:45am	1:30pm
2	Annie Thompson & Millie Hall	10:00am	10:45am	1:30pm
3	Millie Clark & Niamh Musgrove	10:00am	10:45am	1:30pm

REMEMBER

- Events can run as early as the suggested arrival time listed above
- Age groups are based on year of birth and not age on Championships day

Start Lists – DMT

DMT Juniors

#	Name	Arrive No Later Than	Scheduled Start Time – DMT
1	Emily Swinton	8:45am	9:00am
2	Ava Liddle	8:45am	9:00am
3	Ruby Horn	8:45am	9:00am
4	Elisha Marvin-Batey	8:45am	9:00am

DMT Seniors

#	Name	Arrive No Later Than	Scheduled Start Time – DMT
1	Isabel Slater	8:45am	9:00am
2	Mya Liddle	8:45am	9:00am

DMT Ladies Elite

#	Name	Arrive No Later Than	Scheduled Start Time – DMT	Scheduled Start Time – Final
1	Skye Veitch	8:45am	9:00am	9:45am
2	Hannah Kehoe	8:45am	9:00am	9:45am

DMT Mens Elite

#	Name	Arrive No Later Than	Scheduled Start Time – DMT	Scheduled Start Time – Final
1	Daniel Jones	8:45am	9:00am	9:45am
2	Oliver Marshall	8:45am	9:00am	9:45am
3	Matthew Jameson	8:45am	9:00am	9:45am

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Start Lists – Gymnastics (1)

Gymnastics Pre-School

#	Name	Arrive No Later Than	Scheduled Start Time – Floor
1	Rubie Rose Calvert	8:45am	9:00am
2	Poppy Hodgson	8:45am	9:00am
3	Lenny Black	8:45am	9:00am
4	Penny Parnell	8:45am	9:00am

Gymnastics Disability

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Liam Webster	10:00am	10:45am	11:30am
2	Charlie Oliver	10:00am	10:45am	11:30am
3	Isla Kennington	10:00am	10:45am	11:30am

Gymnastics Fundamentals Age 7 & Under

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Bethany Minniss	10:00am	10:45am	11:30am
2	Anya Benfold	10:00am	10:45am	11:30am
3	Richard Swinton	10:00am	10:45am	11:30am
4	Divine-Blessing Bosmpong	10:00am	10:45am	11:30am
5	Sofia Wright	10:00am	10:45am	11:30am
6	Natalia Wyatt	10:00am	10:45am	11:30am
7	Emily Wallace	10:00am	10:45am	11:30am
8	Gabriella Robson	10:30am	11:30am	12:00pm
9	Emily McGregor	10:30am	11:30am	12:00pm
10	Katie Appleby	10:30am	11:30am	12:00pm
11	Lily Wilson	10:30am	11:30am	12:00pm
12	George Jennings	10:30am	11:30am	12:00pm
13	Jessie Park	10:30am	11:30am	12:00pm
14	Abella Mason	10:30am	11:30am	12:00pm

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Start Lists – Gymnastics (2)

Gymnastics Fundamentals Age 8 & Over

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Maria Orphanides	10:30am	11:30am	12:00pm
2	Jane Robinson-Gray	10:30am	11:30am	12:00pm
3	Anna Robson	10:30am	11:30am	12:00pm
4	Layla Wright	11:00am	12:00pm	12:30pm
5	Lucy Atkinson	11:00am	12:00pm	12:30pm
6	Anna Gaydon	11:00am	12:00pm	12:30pm
7	Evie Hall	11:00am	12:00pm	12:30pm
8	Alexa Saddler	11:00am	12:00pm	12:30pm
9	Megan Goodings	11:00am	12:00pm	12:30pm
10	Manreet Kaur	11:00am	12:00pm	12:30pm
11	Tudor Boccia	11:00am	12:00pm	12:30pm
12	John Orphanides	11:00am	12:00pm	12:30pm
13	Tanya Almendry	11:00am	12:00pm	12:30pm

Gymnastics Recreation Age 9 & Under

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Alexandra Harold	10:00am	10:45am	11:30am
2	Lucy Atwell	10:00am	10:45am	11:30am
3	Bethany Cansfield	10:00am	10:45am	11:30am
4	Layla Farrell	10:00am	10:45am	11:30am
5	Sasha Malkin	10:00am	10:45am	11:30am
6	Lola Dennis	10:00am	10:45am	11:30am
7	Amy Lock	10:00am	10:45am	11:30am
8	Athena Elstob	10:00am	10:45am	11:30am
9	Belinda Bulbeck	10:00am	10:45am	11:30am
10	Lucy Grey	10:00am	10:45am	11:30am
11	Ava Fenwick	10:00am	10:45am	11:30am
12	Ariella Da Gama	10:30am	11:30am	12:00pm
13	Katie Humble	10:30am	11:30am	12:00pm
14	Mya Townsley	10:30am	11:30am	12:00pm
15	Chloe Duncton	10:30am	11:30am	12:00pm
16	Jennifer Alderson	10:30am	11:30am	12:00pm

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Start Lists – Gymnastics (3)

Gymnastics Recreation Age 10 & Over

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Ella Smart	10:30am	11:30am	12:00pm
2	Mollie Wasey	10:30am	11:30am	12:00pm
3	Iris Olsson	10:30am	11:30am	12:00pm
4	Grace Wheeler	10:30am	11:30am	12:00pm
5	Emma Green	10:30am	11:30am	12:00pm
6	Maanashi Raj	11:00am	12:00pm	12:30pm
7	Andrea Nsubuga	11:00am	12:00pm	12:30pm
8	Amy Brown	11:00am	12:00pm	12:30pm
9	Grace Haswell	11:00am	12:00pm	12:30pm
10	Alexandria Nsubuga	11:00am	12:00pm	12:30pm
11	Emily Burns	11:00am	12:00pm	12:30pm
12	Phoebe Newton	11:00am	12:00pm	12:30pm
13	Lily Mersh	11:00am	12:00pm	12:30pm
14	Mia Kennington	11:00am	12:00pm	12:30pm
15	Emma Lindsey	11:00am	12:00pm	12:30pm

Gymnastics Advanced Recreation

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Alexis Law	11:30am	12:30pm	1:00pm
2	Abigail Hall	11:30am	12:30pm	1:00pm
3	Amiee Atkinson	11:30am	12:30pm	1:00pm
4	Hannah Bowerbank	11:30am	12:30pm	1:00pm
5	Neve Harrison	11:30am	12:30pm	1:00pm
6	Evie Goodwin	11:30am	12:30pm	1:00pm
7	Emily Calloway	11:30am	12:30pm	1:00pm
8	Molly Hodgson	11:30am	12:30pm	1:00pm
9	Louise Cuthbertson	11:30am	12:30pm	1:00pm
10	Annie O'Rourke	11:30am	12:30pm	1:00pm

Gymnastics Boys Intermediate

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Shay Smith	1:30pm	3:15pm	2:30pm
2	Connor Ewujowoh	1:30pm	3:15pm	2:30pm
3	Oscar Cahill	1:30pm	3:15pm	2:30pm
4	Lennox Crosdale	1:30pm	3:15pm	2:30pm

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Start Lists – Gymnastics (4)

Gymnastics Intermediate

#	Name	Arrive No Later Than	Scheduled Start Time – Vault	Scheduled Start Time – Floor
1	Ruby Horn	1:30pm	3:15pm	2:30pm
2	Emma Appleby	1:30pm	3:15pm	2:30pm
3	Ciara Howarth	1:30pm	3:15pm	2:30pm
4	Lily Judges	1:30pm	3:15pm	2:30pm
5	Izzy Maddison	1:30pm	3:15pm	2:30pm
6	Matilda Cahill	1:30pm	3:15pm	2:30pm
7	Phoebe Hall	1:30pm	3:15pm	2:30pm
8	Serene Knight	1:30pm	3:15pm	2:30pm
9	Sally Cooper	1:30pm	3:15pm	2:30pm
10	Emily Wilson	1:30pm	3:15pm	2:30pm
11	Olivia Morrison	1:30pm	2:30pm	3:15pm
12	Angela Howson	1:30pm	2:30pm	3:15pm
13	Milly Doyle	1:30pm	2:30pm	3:15pm
14	Jessica Pearce	1:30pm	2:30pm	3:15pm
15	Nai Dillon	1:30pm	2:30pm	3:15pm
16	Lydia Plimmer	1:30pm	2:30pm	3:15pm
17	Lydia Cooper	1:30pm	2:30pm	3:15pm

Gymnastics Development & Advanced Intermediate

#	Name	Arrive No Later Than	Scheduled Start Time - Vault	Scheduled Start Time – Floor
1	Sofia Hopkins	1:30pm	2:30pm	3:15pm
2	Lily Harvey	1:30pm	2:30pm	3:15pm
3	Isabel Slater	1:30pm	2:30pm	3:15pm
4	Demi Moutter	1:30pm	2:30pm	3:15pm
5	Emma Lock	1:30pm	2:30pm	3:15pm
6	Erin Waters	1:30pm	2:30pm	3:15pm
7	Isabelle Lumsdon	1:30pm	2:30pm	3:15pm
8	Grace Carverhill	1:30pm	2:30pm	3:15pm
9	Rosie Monaghan	1:30pm	2:30pm	3:15pm

Gymnastics Ladies Elite

#	Name	Arrive No Later Than	Scheduled Start Time – Floor	Scheduled Start Time – Vault	Scheduled Start Time – Final
1	Abbie Robertson	9:00am	9:30am	10:15am	1:30pm
2	Mya Liddle	9:00am	9:30am	10:15am	1:30pm
3	Callie Robertson	9:00am	9:30am	10:15am	1:30pm
4	Ruby Henderson	9:00am	9:30am	10:15am	1:30pm
5	Alex Black	9:00am	9:30am	10:15am	1:30pm
6	Charlotte Gomez	9:00am	9:30am	10:15am	1:30pm
7	Annabelle Jennings	9:00am	9:30am	10:15am	1:30pm

Gymnastics Mens Elite

#	Name	Arrive No Later Than	Scheduled Start Time – Floor	Scheduled Start Time – Vault	Scheduled Start Time – Final
1	Cameron Tempest	9:00am	9:30am	10:15am	1:30pm

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Start Lists – Trampoline (1)

Trampoline Pre-School

#	Name	Arrive No Later Than	Scheduled Start Time – Trampolines
1	Orlaith Richardson	8:45am	9:00am
2	Anya Liddle	8:45am	9:00am

Trampoline Disabilities

#	Name	Arrive No Later Than	Scheduled Start Time – Trampolines
1	Jake Ward	10:30am	11:30am
2	Lewis Mitchell	10:30am	11:30am
3	Marshall Garner	10:30am	11:30am

Trampoline Age 8 & Under

#	Name	Arrive No Later Than	Scheduled Start Time - Vault
1	Leon Thompson	11:00am	12:00pm
2	Thanighan Raj	11:00am	12:00pm
3	Evan Jenkinson	11:00am	12:00pm
4	Emily Wallace	11:00am	12:00pm
5	Ruby Horn	11:00am	12:00pm
6	Niamh Richardson	11:00am	12:00pm
7	Natalia Wyatt	11:00am	12:00pm
8	Bobby Watts	11:00am	12:00pm
9	Elisha Marvin-Batey	11:00am	12:00pm

Trampoline Age 9 & Over

#	Name	Arrive No Later Than	Scheduled Start Time – Trampolines
1	Chloe Duncton	10:00am	10:45am
2	Yasmin Kerr	10:00am	10:45am
3	Iris Olsson	10:00am	10:45am
4	Emillia Wilson	10:00am	10:45am
5	Connor Bainbridge	10:00am	10:45am
6	Freya Tate	10:00am	10:45am
7	Aaron Stobbart	10:00am	10:45am
8	Isabelle Gordon	10:00am	10:45am
9	Melissa Cansfield	10:00am	10:45am
10	Emma Lindsey	10:00am	10:45am
11	Holly Curtis	10:00am	10:45am

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Start Lists – Trampoline (2)

Trampoline Ladies Elite

#	Name	Arrive No Later Than	Scheduled Start Time – Trampolines	Scheduled Start Time - Final
1	Isabel Slater	11:30am	12:30pm	1:30pm
2	Emily Swinton	11:30am	12:30pm	1:30pm
3	Jamie Mason	11:30am	12:30pm	1:30pm
4	Callie Robertson	11:30am	12:30pm	1:30pm
5	Hannah Kehoe	11:30am	12:30pm	1:30pm
6	Skye Veitch	11:30am	12:30pm	1:30pm
7	Ava Liddle	11:30am	12:30pm	1:30pm
8	Mya Liddle	11:30am	12:30pm	1:30pm

Trampoline Mens Elite

#	Name	Arrive No Later Than	Scheduled Start Time – Trampolines	Scheduled Start Time - Final
1	Joe Appleby	11:30am	12:30pm	1:30pm
2	Bradley Welsh	11:30am	12:30pm	1:30pm
3	Samuel Hindmarsh	11:30am	12:30pm	1:30pm
4	Oliver Marshall	11:30am	12:30pm	1:30pm
5	Daniel Jones	11:30am	12:30pm	1:30pm
6	Matthew Jameson	11:30am	12:30pm	1:30pm

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SPECIAL CHAMPIONSHIPS OFFER!

Available to purchase at AAAsports Sunderland or online! Stocks are limited!

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