

<u>AAAsports Sunderland</u>	<u>Class Alterations</u>
Monday (4pm)	Class running as normal
Tuesday (4pm & 5:15pm Class)	4:45pm - 6:15pm
Tuesday (Freestyle)	6pm - 7:30pm
Wednesday (4pm)	Class running as normal
Thursday (4pm)	Class running as normal
Thursday (Boys GG, Advanced Rec, 5:15pm & 6:30pm Cheerleading)	5:15pm - 6:45pm
Thursday (Senior 6:30pm & Adult 7:45pm Class)	6:30pm - 8pm
Friday (4pm)	4pm - 5:30pm
Friday (5:15pm & 6:30pm)	5:15pm - 6:45pm
Saturday (9:45am, 11am & 12:15pm)	All Classes running as normal
Sunday (9:45am)	Class running as normal
<u>Raich Carter</u>	<u>Class Alterations</u>
Tuesday (4pm & 5:15pm)	4:45pm - 6:15pm
Saturday (9:45am & 11am)	All Classes running as normal
Saturday (12:15pm)	11am
<u>Louisa</u>	<u>Class Alterations</u>
Wednesday (4:30pm & 5:45pm)	5:15pm - 6:45pm
Thursday (4:30pm & 5:45pm)	5:15pm - 6:45pm
Friday (4pm & 5:15pm)	All Classes running as normal
<u>Lakeside</u>	<u>Class Alterations</u>
Sunday (9:45am, 11am & 12:15pm)	All Classes running as normal
<u>Cramlington</u>	<u>Class Alterations</u>
Sunday (2:30pm - 4pm)	Class running as normal
<u>Sandhill</u>	<u>Class Alterations</u>
Monday (5:15pm & 6:30pm)	5:45pm - 6:15pm
Wednesday (5:15pm & 6:30pm)	5:45pm - 6:15pm



From

